



# INTERNATIONAL FEDERATION OF ASSOCIATIONS RUKBO



**INVITATION**  
**1st WORLD CUP RUKBO**  
**(Hand-to-Hand Combat)**  
**Full Contact / Self-defense / Semi Contact / Kata**  
**(Gentlemen)**  
**April 24<sup>th</sup> – 27<sup>th</sup>, 2026**  
**Waldshut -Tiengen, Germany**

**Organization:** IFAR – International Federation of Associations Rukbo  
**Organizer:** IFAR - Germany  
**Leading:** Mr. Yuriy Nassibulin  
**Main Referee:** Mr. Andrii Radchenko (Technical Director of IFAR)  
**Date:** Friday 24 April, 2026  
Saturday 25 April, 2026  
Sunday 26 April, 2026  
Monday 27 April, 2026

**Place:** **Sportpalle**  
Sporthalle Tiengen (1-2-3-Trainingshalle), Courtenaystr, 3.  
Germany, 79761 Waldshut -Tiengen

**Category:** **Discipline KUMITE FULL CONTACT**

<b>Age</b>	<b>Gender</b>	<b>Duration</b>	<b>Weight in kg</b>
Juniors (U-10)10 to 11 years	male	2 min.	- 30 kg; - 35 kg; - 40 kg; - 50 kg; + 50 kg;
Juniors (U-12)12 to 13 years	male	2 min.	- 40 kg; - 45 kg; - 50 kg; - 60 kg; + 60 kg;
Juniors (U-14)14 to 15 years	male	2 min.	- 45 kg; - 50 kg; - 55 kg; - 65 kg; + 65 kg;
Juniors (U-16)16 to 17 years	male	3 min.	- 60 kg; - 65 kg; - 70 kg; - 80 kg; + 80 kg;
Seniors 18 + years,	male	3 min.	- 60 kg; - 65 kg; - 70 kg; - 75 kg; - 80 kg; - 90 kg; + 90 kg.

**Category:** **Discipline SELF-DEFENCE**

<b>Age</b>	<b>Gender</b>	<b>Weight in kg</b>
Juniors (U-16)16 to 17 years	male	- 70 kg; + 80 kg;
Seniors 18 + years	male	- 70 kg; -80 kg; + 80 kg.
Masters 45 + years	male	Absolute

**Category:** **Discipline KUMITE SEMI CONTACT**

<b>Age</b>	<b>Gender</b>	<b>Weight in kg</b>
Master's 45 + years	male	Absolute

**Category:** **Discipline KATA**

<b>Age</b>	<b>Gender</b>	<b>Weight in kg</b>
Juniors - 11 years	male	Absolute
Juniors 12 to 15 years	male	Absolute
Seniors 16 + years	male	Absolute

**Programming:** **Friday, 24 April, 2026**

**10:00 – 16:00** Arrival of participants

**Saturday, 25 April, 2026**

<b>08:00 – 09:30</b>	Official weighing
<b>09:30 – 10:00</b>	Referee course
<b>10:00 – 10:30</b>	World Cup Official opening ceremony
<b>10:30 – 11:30</b>	Kata
<b>11:30 – 13:30</b>	Juniors (U-10)10 to 11 years (FIGHT)
<b>13:30 – 15:30</b>	Juniors (U-12)12 to 13 years (FIGHT)
<b>15:30 – 17:30</b>	Juniors (U-14)14 to 15 years (SELF-DEFENCE, FIGHT)

**Sunday, 26 April, 2026**

<b>10:00 – 10:15</b>	World Cup Official opening ceremony
<b>10:15 – 11:00</b>	Master's 45 + years (SELF-DEFENCE, KATA, FIGHT)
<b>11:00 – 12:00</b>	Juniors (U-16)16 to 17 years (SELF-DEFENCE, FIGHT)
<b>12:00 – 14:30</b>	Seniors 18 + years (SELF-DEFENCE, FIGHT)
<b>15:00 – 16:30</b>	Seniors 18 + years (FINAL)

**Monday, 26 April, 2026**

**09:30 – 12:00** Departure of participants

**Registration:** **Only to the office of the President of the IFAR, Yu. Radchenko, Konoval's 44-A, UA-01113 Kyiv  
Tel: 0038 / 067 / 745 11 73  
E-Mail: [frb@frb.org.ua](mailto:frb@frb.org.ua)**

**Deadline for Registration:** **March 31<sup>th</sup>, 2026**

**Registration form:** **See registration form enclosed**

**Registration fee:** IFAR-Members with valid passport have to pay for:  
**Fight, Self-Defense, Kata: € 25,00 for each person and for each discipline**

**Registration means you have to pay!**

- Prizes:** Place 1. – 3. Medals, Places 1. – 3. Diploma  
Diploma of attendance for all participants
- Competition:** Each competitor competes on his/her own risk. Competitors have to be sport-healthy and sport-accident-insured.
- Medical Doctor:** During the World Cup Germany will provide first Medical help.
- Equipment:** according to rules
- Rules:** International Rules IFAR
- Referees:** only referees with IFAR- license
- Coach:** Each coach must be in possession of a referee's license and a valid Bubo-Pass. His name has to be registries on the registration form.
- Match system:** IFAR rules
- Visa:** **All those countries that require visa have sent a list of all participants before March 31<sup>st</sup>, 2026, send to [frb@frb.org.ua](mailto:frb@frb.org.ua) The list must contain name, first name, date of birth and passport number. After receiving receipt we will send an official invitation very soon.**
- Hotel** For questions about hotel accommodation, please contact  
Tel.0049 172 894 73 65 mr. Nassibulin Yuriy
- Internet**
- Facebook**

We hope for an active participation, especially from all IBF-Member countries. We hope you will have a nice trip to Germany and we look forward to a wonderful **World-Cup-Rukbo 2026!**

**President of the IFAR**



**Yuri Radchenko**